

### **WHEN HE SEES ME**

*When He sees me  
He sees the blood of the Lamb  
He sees me as worthy and not as I am  
He views me in garments  
As white as the snow  
For the lamb of God is worthy  
And He loves me this I know*

### **REACH OUT AND TOUCH THE LORD**

*Reach out and touch the Lord  
As He goes by  
You'll find He is not too busy  
To hear your hearts cry  
He is passing by this moment  
Your needs to supply  
Reach out and touch the Lord  
As He goes by*

### **TO BE LIKE JESUS**

*To be like Jesus, to be like Jesus  
on earth I've long just to be like Him  
All through lives journey  
From earth to glory  
I only ask, Just to be like Him*

### **THE FAMILY OF GOD**

*I'm so glad I'm a part of the Family of God,  
I've been washed in the fountain, cleansed by His blood!  
Joint heirs with Jesus as we travel this sod,  
For I'm part of the family,  
The Family of God.*

*You will notice we say "brother and sister" 'round here,  
It's because we're a family and these are so near;  
When one has a heartache, we all share the tears,  
And rejoice in each victory in this family so dear.*

*I'm so glad I'm a part of the Family of God,  
I've been washed in the fountain, cleansed by His blood!  
Joint heirs with Jesus as we travel this sod,  
For I'm part of the family,  
The Family of God.*

*From the door of an orphanage to the house of the King,  
No longer an outcast, a new song I sing;  
From rags unto riches, from the weak to the strong,  
I'm not worthy to be here, but praise God I belong!*

*I'm so glad I'm a part of the Family of God,  
I've been washed in the fountain, cleansed by His Blood!  
Joint heirs with Jesus as we travel this sod,  
For I'm part of the family,  
The Family of God*

### **HE ABIDES, HE ABIDES**

*1. I'm rejoicing night and day  
As I walk the narrow way,  
For the hand of God in all my life I see;  
And the reason of my bliss,  
Yes, the secret all is this:  
That the Comforter abides with me.*

*Refrain:*

*He abides, He abides;  
Hallelujah, He abides with me!  
I'm rejoicing night and day*

*As I walk the narrow way,  
For the Comforter abides with me.*

*2. Once my heart was full of sin,  
Once I had no peace within,  
Till I heard how Jesus died upon the tree;  
Then I fell down at His feet,  
And there came a peace so sweet;  
Now the Comforter abides with me.*

*3. He is with me everywhere,  
And He knows my every care;  
I'm as happy as a bird and just as free;  
For the Spirit has control;  
Jesus satisfies my soul,  
Since the Comforter abides with me.*

*4. There's no thirsting for the things  
Of the world—they've taken wings;  
Long ago I gave them up, and instantly  
All my night was turned to day,  
All my burdens rolled away;  
Now the Comforter abides with me.*

**HE BLESSES ME AGAIN**

*I'm a pilgrim on a journey  
Seeking for a better land  
The way gets rough  
And the trials so hard to bear  
But I call on Him who started with me  
Said He'll be there to the end  
And when I need the strength  
He blesses me again*

*And It's so hard to comprehend  
That He takes thought of me  
The stars that shine  
The sun rises at His command  
I'm just a small, small grain of sand  
And the wonders of His Hand  
And when I need the strength  
I find He blesses me again*

*I've not always been the best man  
For the Lord that I could be  
I've stumbled, Yes, sometimes I've given in  
But the Lord is great in mercy  
And the moment I repent  
I find He blesses me again*

**IS THAT WEDDING MUSIC THAT I HEAR**

**CHORUS**

*Is that wedding music I hear?  
The bride's adorned and ready to appear  
There's Heavenly preparation  
For the wedding celebration  
Is that wedding music that I hear?*

*The family is preparing for a wedding  
All have been invited to attend  
The bride is standing ready,  
waiting for the signal  
When the Groom says,  
"Rise, my children, come on in  
Soon we'll rise to leave this land of sorrow*

*For that ceremony in the air  
The Father then will lead us  
Through the holy land of splendor  
Have you made your preparation to go there?*

**DO YOU KNOW HOW IT FEELS**

*Do you know how it feels  
To know something's missing?  
To hear a still small voice  
That you just keep dismissing?  
Do you know how it feels  
To be troubled inside?  
To think just for you on a cross  
Someone died?*

*Do you know how it feels  
When He knocks to surrender?  
How your sins washed away never to be remembered?  
And know that it's real, tell me  
Do you know how it feels?  
(chours)  
Then how does it feel  
To know your a child of the King?  
Your Heavenly Father owns everything,  
How does it feel to know you are loved?  
By the one who created the stars up above,  
How does it feel to know your alright?  
When you lay your head on your pillow at night,  
And know that it's real, tell me  
Do you know how it feels?*

*Do you know how it feels  
When your cold heart has melted?  
And tears started flowing the moment you felt it,  
Do you know how it feels  
To know you've been changed?  
And it seems that the whole world has been rearranged.*

*Do you know how it feels  
Wherever you roam?  
You still get a feeling your not at home,  
Knowing Heaven is real, tell me  
Do you know how it feels?*

### **ARE YOU BUILDING A HOME IN HEAVEN**

*Around me many are building  
Homes of beauty and wealth  
But what of a home in heaven  
Where will you live after death*

*Are you building a home in heaven  
To live in when this life is o'er  
Will you move to that beautiful city  
And live with Christ ever more*

*Long is the road that leads you  
To that beautiful home up there  
Is work on your home completed  
Death may be lingering near*

*Are you building a home in heaven  
To live in when this life is o'er  
Will you move to that beautiful city  
And live with Christ ever more*

*Are you ready for his coming  
Have you been true all along  
Have you finished your building in glory  
Will you move to this heavenly home*

*Lorraine speaks:* When you look at the big hospitals that they are building, big massive hospitals, you can clearly see that they are not building a home in Heaven because they are not putting their trust in Jesus and being responsible and accountable for their own lives and for their lifestyle then you don't have to depend on these entities that are out there, they are really a cop-out and Jesus is secondary because if you put Him first He will see you through.

Sam speaks: Trust in Jesus, trust in Psalm 91, it has become a figure of speech to trust in Jesus. It is getting to be just a talking point. Jesus, Jesus, but this Word, give them Psalm 91, read it a couple of times.

*Lorraine speaks:* Where it says 'if'.

Sam speaks: Jesus is up there you can kind of look for a detour but that Word is right in your face if you put the Lord first it is a different ball game then there is no detour around that one.

We are going to read from *1 Timothy 3:*

#### *QUALIFICATIONS FOR OVERSEERS*

*1. This is a true saying, If a man desire the office of a bishop, he desireth a good work.*

*2. A bishop then must be blameless, the husband of one wife, vigilant, sober, of good behaviour, given to hospitality, apt to teach;*

*3. Not given to wine, no striker, not greedy of filthy lucre; but patient, not a brawler, not covetous;*

*4. One that ruleth well his own house, having his children in subjection with all gravity;*

5. *(For if a man know not how to rule his own house, how shall he take care of the church of God?)*

6. *Not a novice, lest being lifted up with pride he fall into the condemnation of the devil.*

7. *Moreover he must have a good report of them which are without; lest he fall into reproach and the snare of the devil.*

We are going to title this message - setting a standard. We are living in a very religious world out there that has everything so polluted so we are going back to the standard. It has been misused and used as a talking point.

*Heavenly Father, we just read your Word I just pray that you will give me the grace to express the things that you have put on my heart to bring out this thought pattern, the way you see mankind as they are walking down this path of life in the hour that we are now living in. We ask that you will give that increase and Lord we ask that you will bind every spirit, every demon that will try to keep this truth from going out. People are so brainwashed in thinking that we are just two fly-by-nighters here but this is the Word that is coming directly from Heaven, this thought you have given me all week Lord, I just pray Lord that you will bind every spirit and we come against every high thing that will try to exalt itself above the knowledge of God. That will try to misinterpret what we are trying to say here, and Lord we just pray that you will give that increase in Jesus Christ name we pray, Amen.*

If you read this here, you would say - Sam, you are a very poor example, I am not a bishop we are just here having a conversation. I am not a preacher, I don't want to be seen as a preacher, we are just having a conversation and we are just expressing what the Lord puts on our hearts. Like this morning during the night, the Lord showed me something and then He shows you the same thing. We talk about and we pray about it and off it goes and that is the journey that we are on. Where two of you agree, we agree in the spirit, we don't make it up and I

didn't brainwash you to think the way I think. We get up in the morning and we have the same urgency it is where two of you agree.

As I said I am not a preacher we are just having a conversation and we are expressing the things that the Lord puts on our hearts. In it all, we have to set a standard and an example. All week the Lord was dealing with me on the standard that we have to set in this hour, I was going through the Epoch times and I was strolling down and they have some stories down there, and there was a story about Thomas Jefferson, and then he inserted his own thing and it said - Have you seen Americans waistline lately, need I say more. He was kind of on the same thought that I was on, but I never thought about addressing it like that. When I go down to the grocery store and I watch how these people walk in and out I look at their waistline, and it kind of hit me. So this setting a standard, today we are going to talk about setting a standard on the waistline - Have you noticed America's waistline lately need I say more, and I am talking to myself, first and foremost I am talking about myself, but I'm going to mention names too. People they get into the pulpit and they have a waistline that is way beyond setting a standard.

It is all about setting a standard here today, that is what the Lord has been dealing with me on all week - Sam, you have to set a standard. The Lord started with me on my weight 15 years ago, and then He puts me on a 40 day fast. I don't want to sound like a broken record, then the next year He puts me on another 40 day fast. Then in the 3rd year, He puts me on another 40 day fast, for three years in a row. I was 250, then after the fast, I went down to 187, but then I would pick it up again and I would fast and then so on, but the last 5 years the Lord has really been dealing with me. You have to present your body a living sacrifice you can't fast for 40 days and then pick it up again. You have to set a standard and present your body as a living sacrifice. Then He gave me my

weight what I should weigh, He let me know if I go over 170 lbs then I am in violation.

Like when we go through town here and I have said it before, (I want to bring out this standard that God has for me), I am sure that He has the same standard for other people out there. My standard and I'll use an illustration here, I am going through town here and there are a bunch of green lights, red lights, and yellow lights. When the light is green I am ok, but when it turns yellow I have to prepare to stop, if I'm right in the light then I'll go through it, but if I'm quite a way off then I have to prepare to stop, and if it is red I am in violation I have to stop. The same with God He has given me, just as clear as day, a green light, a yellow light, and a red light, and I have said it before my green light is from 150-165, once I hit 165 it goes into yellow, and then once I am at 170 I am in violation. I am in violation of God's standard, if I go over 170 I am done, I am like Paul says I become a castaway because I am not setting a standard. Like Paul says, if I preach to you and not do it I become a castaway. So I just want to make it clear the Lord has me in His vice grip, He sets standards for me first.

That is why we are having this conversation setting a standard. I look at myself first - Sam, you have to judge yourself first, the Bible says, if we judge ourselves first we will not become condemned with the world. We are walking on a tight rope, we are walking on very treacherous ground and we have to make sure that we have to live up to what we say. You know as well as I do how I have been battling with my weight to get my weight down and then sometimes I am in violation over the 170 mark, then I run into all kinds of nightmares and I know that I am in violation. Then I go on another fast for a week and that goes back and forth. So this morning I was 158, and I am heading for 150 because I want to make sure that I stay away from that red, and yellow light. To stay in my place and not live at the edge. So I am trying to shoot for 150, hopefully, by next Sunday I'll be 150, and that is where I

want to fluctuate between 150-160. See we have to set a standard for ourselves, we are in a fight. You can't just let yourself go and not be in the fight and the fight is this carcass that we are living in. The fight is not so much the world and the devil, the fight is first and foremost our flesh, our appetite. Jesus warned us in *Luke 21*:

*34. And take heed to yourselves, lest at any time your hearts be overcharged with surfeiting, and drunkenness, and cares of this life, and so that day come upon you unawares.*

*It will come like a snare and if you look around I don't like to mention names but I have to look at David Jackson I watch him on the internet, sometimes I tap in and just observe things. He is overweight how can he pretend to be a Christian with all that weight, he can barely see out of his eyes anymore, he has been picking up and picking up. He used to be pretty slim back in the day. Now he is a sight, does he not get convicted, and then there is Tim Reliford, he is supposed to be up at the podium, he is way overweight, don't these people have the same convictions that we have. I think you lost 50 lbs you are down to 130, so you are doing as I'm doing we are working together to get our weight down and that is a constant battle. We are always working on losing that weight, then when we do eat we try to eat healthily. Back in the day, the Lord was dealing with me and I would fast and lose weight and then I would put it on again but this here is a lifestyle now. This is a way of living now the Lord has put me into a vice grip - Sam at 165 the light turns yellow. It is easy to understand the light turns yellow, when you are at 170 you are in violation and it could be a knockout.*

Lorraine speaks: What happens is you open yourself up to the devil that is what you are really doing when you become overweight, you not as sensitive your guard is not up as it should be, and you are actually an open target for the devil. That is really what happens if you are in that perfect will of God, if you are at a

place where He is pleased with you then you are covered with that pillar of a cloud, and fire by night and no harm can come near your dwelling, because you have met all the conditions where He can be your all in all but if you are outside of that because you are rebelling against God, and actually against the Word where it says to present your body a living sacrifice. Your body is the temple for the Holy Spirit and you want to present your body as the temple of the Holy Spirit. When you see a fat overweight person up in the pulpit right then and there you know something is not right with this picture here, it's not lining up with scripture and you think can I really trust this man because he is not lining up with scriptures. If you are not lining up with the scripture somehow the devil can infiltrate that persons mind and I don't know if what he is saying is true, because he is not lining up with the Word then the devil can come into the mind, he has access to the mind now because you are not in that perfect will of God, and lining up with the Word then you are open to the devil and he can put thoughts and ideas in your head. How can you trust a man that is overweight.

Sam speaks: I have watched these preachers like John Hagee and man can they ever preach, and people have tears in their eyes, and here is a big fat preacher up in the pulpit I don't know how he can get air to breathe.

Lorraine speaks: I would say John Hagee is skinny compared to the Gaithers.

Sam speaks: I was thinking about the Gaithers too, they need another set of feet to walk, both of them him and her.

Lorraine speaks: If you watch the people's expression there and everything it is so Charismatic it is all entertainment. That is what happens because they are outside the Word of God, you know what comes in - an entertaining spirit; to entertain. It is no more the Holy Spirit that is there because you are in violation of the Word then guess what happens.

Sam speaks: That is why we are talking this week on setting a standard, and I am the first one when I say this I have to make sure that I am the one setting a standard. You are here to check on me. We don't do this on video but if it would be people would see me at 158 lbs this morning which is pretty good it is a far cry from 250, and they would see you at 130 instead of 180. It is as it is we have to set a standard. I know I am pointing fingers and mentioning names and rightly so because there are people in the pulpit that ought not to be there because they are not setting a standard. They are contradicting what they are preaching, they are not presenting their body as a living sacrifice. I have been battling this for 15 years and how come they are not battling this, are they not battling this are they at least not trying something.

Lorraine speaks: All I can say is that they have managed to put their conscious to sleep or the convicting power of the Holy Spirit, they have managed to hush that voice, every time the Holy Spirit convicts them they kind of shut it out and after a while, if you shut it out long enough, then that voice become dead and you are not sensitive.

Sam speaks: I remember going to Grace and Truth, and I was there pretty much twice a week when I was trucking, the Lord set it up I would be in the church there practically twice a week and I was even there when I was fasting for 40 days, and they invited me out to dinner. I told them there is no point for me to go because I am fasting so they all know that I was fasting. When they had their meeting when they have speakers come in I would sit with my water, they knew that I was fasting, I am not just saying it I was actually fasting. I was not pretending. One day I asked Azar out for lunch and he told me, no, I'm not going out for lunch today I have to be a good boy today. So he was under conviction and that time I had just come off a fast. Then there were other times where they would ask me out and I told them there is no point for me to go, so they persuaded me to come for

the fellowship so I would be sitting there just drinking my lemon water and they would have their lunch. It was not a very comfortable setting for them. The conviction was all around the world, everywhere there was this conviction, convicting people to lose weight. That was 15 years or so ago, I would sometimes go on the news and at that time I was reading a story about a pastor from New York telling how the Lord put him on a fast, he is way too heavy and the Lord put him on a fast. All around the world in the atmosphere, the voice was calling come on you guys you need to get yourself in shape and present your body as a living sacrifice and you need to do something about your weight. I know I felt it and the guy from New York felt it, and Azar felt it and by the mouth of two to three witnesses let it be established. I am not making this up.

It was all over the world, like when John saw that angel flying through the Heavens - come out of her my people. I heard that and also I know it is not recorded but why when I checked the news here was this preacher telling people to fast to get their weight down. He said the Lord was convicting him and Azar did the same thing and I am on the same route. Why did we three pick it up and not everyone is picking it up it is a universal setting in this hour. Simply because in this hour Jesus said - take heed, lest your heart be overcharged with eating and drinking and the cares of this life, and that day will come upon you unawares. That is that voice that heavenly angel. If you are 100 lbs overweight you are not hearing that voice if you are not concerned and you have managed to numb out you're conscious. Jesus is speaking through the ages of time concerning the last days.

Lorraine speaks: That is the same as standing on guard, you have to stand on guard concerning your weight or whatever the Lord requires of you. It says to be watchful in *Luke 21*:

*34. And take heed to yourselves, lest at any time your hearts be overcharged with surfeiting, and drunkenness, and cares of this life, and so that day come upon you unawares.*

*35. For as a snare shall it come on all them that dwell on the face of the whole earth.*

*36. Watch ye therefore, and pray always, that ye may be accounted worthy to escape all these things that shall come to pass, and to stand before the Son of man.*

Sam speaks: Everyone needs to read *Matthew 24, Luke 21, and Mark 13*, at least one of them once a week, in this hour. To yank you back into reality, to realize the day and the hour that we are living in. Also, perilous times will come they are not coming they are here, we are right in the midst of them.

As I have said, that is why we have to set a standard and my standard is weight. That is my battle that is my fight that is my obsession and that is what God wants me to do and if you are sensitive to the spirit you will hear it and it will echo down to the pages of history, and you can hear it in this hour this very scripture that you read - be aware lest at anytime your heart be overcome with eating and drunkenness. When you let yourself succumb to it then you are not aware of what is going on. That is very important, that is what the Lord has been dealing with me all week to set a standard, I have to set a standard. I can't be up here telling people what to do and not do it myself then like Paul says become a castaway. I know my limits, I know where the Lord wants me to be. One day He let me know that 157 is my reset. It is my reset point and I had to go to 157.

Then one day I had a dream or a vision I was looking at the numbers on the scale it was 157 and that is where He wants me. You are here to help keep me in line and I couldn't make it without you. You keep me in check, it is a standard that I have to set myself, and only then can I talk about someone else, and I can talk about the Gaithers about Hagee, and Tim Reliford, and David

Jackson because I have set the standard for myself and now I can address these issues and they are way too overweight, and they are going to be castaways because how can Paul say back in his hour if he tells people what to do and he does not do it then he becomes a castaway. It is no different in this hour.

When you read Timothy, Paul was talking about where some had more than one wife, that is why he addressed it as such that a bishop should be the husband of one wife. People back then had more than one wife, they were living in sin, and along comes the apostle Paul and they were converted to Christianity. I was thinking on that during the night, thousands of thousand were converted to Christianity, to a godly lifestyle and then, of course, this guy he had five wives, that was the way he was living before he was converted now Paul comes along and they come to church and what is he going to do with five wives, is he going to pick out the best and send the rest packing - no, what he is going to do is he is setting a standard, keep your five wives, but as time will go on it will phase out.

Paul was setting a standard for the office of a bishop he didn't just go in there to yank them apart. He had a lot of wisdom and you can read a lot of things about Paul how wisely he dealt with the people and with the circumcision. There were a lot of problems with the Jews coming from the law age into the Grace Age, and there were a lot of circumstances that he had to deal with. So what I am trying to say is here comes this guy, he is converted to Christianity because it was an hour where it was sweeping the Middle East. It was sweeping that whole Bible belt there, and this guy he had more than one wife and they got converted too. They come to church with their wives but Paul knows that it is not acceptable but he was setting a standard that to have a role to be a bishop you will have to be an individual that has only one wife. If you want to be in the pulpit telling people what to do then you will have to make sure that you are not going

to come with two or more wives. He was setting a standard for his hour for what the overlying problem was.

They didn't have the weight problem like we have today. Today we are living in a glutton hour, and I am speaking first of all about myself, the Lord has been dealing with me on this so strong and so intensely. He let me know that if I go over 170 I am in violation. I know when I go through town here if I hit that first red light at green I know I can make it through town, but if it is going to be turning red I will have to practically stop at every one of them. I try not to go through the red light, which has probably happened already, but let's say if I would be going through a red light and a cop is there I am going to get a ticket because I am in violation. Even if I don't get caught I am still in violation. It is the same with my weight God can knock me over if I am over 170 and I can become a castaway and that is how close we can be to Hell. Some people think once saved always saved, you are just a hair split away from being a castaway and a castaway is lost. That is why it says to endure to the end.

I was thinking about something back when I was still trucking I would go to Denver and I would stop in to spend time with that church out there when I got there on Sunday, and I got to know brother Padelia. I bet he was 300 pounds, he is the assistant preacher out there, way overweight. Then the next time I saw him down at Cartersville and I had to look twice and I was thinking surely this is not the same Padelia. I went over to talk with him and I asked him - Are you brother Padelia. He replied: yes. Man, I said, you lost a lot of weight. I think he lost at least 150 pounds. He was real slim just the way a person should be. He told me he had been working out and he told me how much he lost. He looked handsome, I believe he is Mexican, he had black hair and a nice muscular built tall because he is doing the workout thing. He was a force to be reckoned with. I spend a bit of time with him and he kept his weight down pretty well.

He told me about a dream he had, he had this dream about all these ministers on this ship, I was thinking about it during the night. They are on this ship and they were getting into rough waters and nobody could pilot that ship and he got up and he had to take the wheel to pilot this ship through these waters. He asked me what I thought it means. I told maybe its a trap for you, I really don't know, or maybe you will be the one to take the church across this water but the Bible says that the five-fold ministry will so I really don't know what that dream means to be honest with you, is what I told him. During the night I found out what that dream means, basically what it represents is now that you are nice and slim you got rid of the weight now you qualify to take that wheel and steer this ship through these rough waters because you are where you should be with the weight and all. Then two years later he was back to that same old weight again. I thought why not be captain of your own ship your own body before you can actually qualify to captain the ship. I think about him sometimes he had a lot of dreams and he shared some of them with me. This dream stayed with me and I was reminded of it last night. I am sure he was 300 pounds because he was a tall guy. It is all about the weight and setting a standard. He did well there for a while.

He told me some of his dreams and some of them came true. Another dream that he had was he somewhere out in a meadow where he came across a cabin. On the Southside of the cabin, he saw Davis and he was smoking a cigarette and he was trying to hide that he is smoking. Brother Branham said something when you have a dream about someone smoking a cigarette you are preaching wrong. So, Davis, he does not want to be seen so he tries to hide his cigarette, then he goes around the North end of the building and there was Fred Cormier smoking away and he is not even trying to hide his cigarette. He was if you see me who cares, big deal, I'm smoking, I am going to enjoy my smoke. He told me that dream and I kept that dream in my remembrance. I

didn't know what it means at the time, but as time went on, low and behold, the fact, that they are both off the Word and we both know that they are both smoking so to speak. The difference was Davis he did not want to be seen smoking so he hides it and he takes his stuff off the internet he takes his website down so that nobody can check him out if he is off the Word. Fred on the other hand he can't wait to get his stuff out there. He could not care less if people see him smoking; he couldn't care less if people know that he is preaching wrong. That is why I say his dreams are pretty good. He dreams about being the captain and at that time I didn't know what it really meant, and last night the Lord brought it to my remembrance. Now that he lost all that weight he is captain of his ship and now that he is captain of his own ship he qualifies to be captain of this spiritual ship too. Until then I have no right to claim that responsibility.

That is why the Lord has been dealing with me all week about Paul, a bishop should be the husband of one wife because he was bringing them out of all this heathenism. The heathen lifestyle but he used wisdom on how to go about it. He was setting a standard and eventually people will get it without having to say one word they are going to get it. Like sometimes when you say - I hear you; I get it. It is a figure of speech or phrase. Paul was saying if you are in that pulpit be a husband of one wife, have your life in order and people are going to get it. Then people will want to follow suit. That is basically what this conversation is all about setting a standard, but in this hour it is no longer about 5 wives or having your children in line or things of that matter, today other issues are front and center and that is the American waistline.

Lorraine speaks: Pretty much when you go to Israel they are not overweight people you might find the odd one just like here you find the odd slim individual. When we were over there this one guy was saying he can pick out American tourists because they are mostly overweight.

Sam speaks: If a person wants to lose weight all they have to do is do what I did, go on a fast. There is nobody that loves food more than I do, if I can do it then everyone can. Then the Lord put a highlight on the book eat right for your type. That is one way to lose weight to eat right for your blood type. Like I was eating beef and pork, I have type A+ blood type and it says for me to avoid it, I can do maybe 10% per month, it is not a good habit for me to eat beef and pork on a regular basis. We started following that and my weight started to fall off, all of a sudden my issues disappear, I had fungus and that disappeared, and that is simply because I started avoiding food that was not good for me. Then you can go on a fast just drink good spring water.

As I've said, nobody loves food more than I do, but there again I have twice the fight because I enjoy food more. That means I can't enjoy a t-bone steak anymore and go to the Keg and these places with ribs and steaks. Now if there is someone with type O they can have all the meat they want. That is the battle right now in this hour that we are living in when Jesus said - Beware lest your heart be overcharged with eating and drinking so that when that day comes like a lasso that it does not catch you unaware. Like a cow, she is so taken up with eating grass and doing her thing that she is not aware that a lasso is coming and the next thing she knows is that she is caught. The same way with people they are so taken up with things of this world that they do not know the day and the hour that they are living in. It is a treacherous hour that we are living in we are in Matthew 24, Luke 21, and Mark 13, we are in where it says perilous times will come, perilous times are here we are right in the midst of them. When you have read Psalms 91 and you applied it to your life. These Covid vaccines they don't fizz on us, we have to deal with this mask issue somehow, for some reason the Lord allows it. What is that scripture that the Lord gave you in Isaiah.

Lorraine speaks: In *Isaiah 26*:

*20. Come, my people, enter thou into thy chambers, and shut thy doors about thee: hide thyself as it were for a little moment, until the indignation be overpast.*

*21. For, behold, the LORD cometh out of his place to punish the inhabitants of the earth for their iniquity: the earth also shall disclose her blood, and shall no more cover her slain.*

Sam speaks: What is going on right now out there, like this Afghanistan, in America with this election, God is allowing it for one reason and one reason to fulfill scripture. We were living beside a river the white mud river, and in the spring when it started to get warm the ice started to melt and it looked like it was taking forever for it to start breaking up and you were wondering when is that ice going to move, and then all of a sudden one day it had to move. It was all a transition, it was a transition from winter going to spring where the weather was starting to break. I enjoyed spring I would be there pretty early to see if the water was starting to break up, and one day it happened. You got excited to be the first one to see the water running on the river, you know how it is when you are a child you couldn't wait to go tell the other children. It would run for a couple of days and all of a sudden the ice would have to move. There is a transition from winter to spring.

I was thinking about that during the night everything that is going on right now is what it is, is a transition. This thing is worldwide with the Vaccines all these troubles around the world, I saw it the other day the Lord is allowing it because there is a transition taking place from the kingdom of Satan. Like Jesus said the prince of this world, Satan runs these governments but what you are seeing out there right now things are starting to transition just like that river from its frozen estate to seeing the water run. There was a transition that was taking place between these two stages. Then you would start to see the ice 2-3 feet of ice

breaking up and there one day the water was running. Sometimes it would break up so fast that it would even block the bridge.

That is what is going on out there right now, don't get worried, don't get excited God has it all under control it is a transition from the kingdoms of Satan, the kingdom of darkness, to the kingdoms of our Lord and saviour Jesus Christ. That is what is going on out there it is not going to stop, it is not going to go into reverse it is not going to go into reset like it did in the second world war. This is going on and is going to continue on until the dead people are going to lay like dung on the face of the whole earth. That is what the Bible says will be in the last days, this vaccine that everybody is taking, they are taking it simply because they have not taken Psalm 91 for their security they have not put their trust in Jesus.

As we read, *For, behold, the LORD cometh out of his place to punish the inhabitants of the earth for their iniquity: the earth also shall disclose her blood, and shall no more cover her slain.* There will be so many like millions upon millions with this vaccine and don't think that God is doing it mankind has brought that on themselves. God back when He had that great council He created a perfect environment, a perfect blueprint it was flawless, when it started out it was flawless. When you go back to the angels in Jude everything was running smooth, but see what God inserted in that He gave us freedom of choice. He put in that freedom of choice and that is why we have this chaos out there because man has been given the freedom of choice and God cannot take that freedom of choice away from them. See we have chosen to do what is right; We have chosen to live according to Psalm 91; we have chosen to do something with our weight; we have chosen to present our bodies a living scarifies unto God holy acceptable unto the Lord and everybody can do that, it is their choice.

Lorraine speaks: That is right when you look at the whole world and the chaos that it is in right now everywhere you look

with this covid religion and you would think that God is doing it, He is not, man has brought this chaos upon themselves with the choices they make, but in all of this there is a place of rest in God if you made Him your most high, and if you sought Him then there is a place of rest in Him.

Sam speaks: I could read Isaiah 65, and I could read and show you things when the Lord put me on this journey 30 years ago to prepare me for this day and hour that we are now living in *Isaiah 65*:

*13. Therefore thus saith the Lord GOD, Behold, my servants shall eat, but ye shall be hungry: behold, my servants shall drink, but ye shall be thirsty: behold, my servants shall rejoice, but ye shall be ashamed:*

What you see out there now is just the tip of the iceberg. You have not seen anything yet, the Lord told me to get ready in the '90s, we prepared ourselves for the day and the hour that we are now living in. That is why we can roll out this meat in due season; that is why we can prepare people for this living water. That is why we can say come and drink out of the water of life freely because we have prepared ourselves. Like when the Lord spoke to me 30 years ago I obeyed, I lost everything just to prepare myself for the day and hour that we are living in.

I knew that the Hutterite thing is just a religion it was not going to take me anywhere. The Lord took me out of there and brought me to where we are today - What for - to prepare us for the day and hour that we are now living in. We have nothing to worry about we are still in the fight; we are still in the battle; we still have not arrived yet, because it says that you have to endure to the end. I have a message out, I was listening to it the other day - When you have done everything that you can then stand firm. I have to put in full effort to do whatever I can to make it I can't put my guard down. I have to fight this fight, I have to fight this American waistline. It is really a waistline all around the world

they have to fight that thing and they have to do what Jesus said and they have to hear the echo to what Jesus said to take heed that your heart is not overcharged with eating and drinking. It is serious stuff, when Jesus said things you need to listen.

Especially when He was talking about the last day, we are in those days and we need to take heed. I don't need to have someone knocking at my door to tell me that I have to do something about my weight it is out there all around the universe. It is screaming to get your weight down and to present your body a living sacrifice.

Lorraine speaks: Just like that angel saying come out of her my people. It is the same way with that, it is a universal thing your spirit picks it up - Come out of her my people. You hear it because it is in the spirit, it is the same way here it is all over the universe to take heed it is a warning.

Sam speaks: Like I was saying the proof is in the pudding I was coming off a 40 day fast, even while I was still on this fast this guy in New York was picking it up too. He was hearing the same thing that I was hearing when the Lord put me on a fast for 40 days. We are living in a very treacherous hour. Then Azar from Grace and Truth, I invited him out for lunch, I was off the fast and he told me he had to be a good boy today. He was under conviction, then a year later I was on a fast again, and they invited me to go out for lunch and Skip invited me to come and I told him I'm fasting. So he insisted I come along for the fellowship, and they were under conviction. What do you do when you get convicted you have to do something about it. When the Lord puts you on a fast then it is do or die the Lord gave me a couple of warnings and I had just been shopping, my truck was full of cold-cuts meats, I had been down in Texas I had a nice big watermelon. Then the Lord told me to go on a fast not to touch that food, He was serious. I had been thinking that I could get away with it, but the Lord came down. I had a dream I was driving down the road and my truck was on fire. If I don't listen then there

will be calamity up the road judgement will come and I am not going to get a pass. The only pass that I would get is when I follow through - Sam, you have to do what I am telling you to do - Sam, you are fasting now for 40 days. Like I said I had a nice long Texas watermelon and the proof is in the pudding I believe I gave half to you when I got back. I couldn't even eat it and taste it. To this day you keep telling me how good it was and here I had to give it away.

That is my story and like I say it is all a transition time now. You better get on board with your weight and the best thing is to just drink water. If you are 100 lbs overweight you can lose 2-3 pounds a day by just drinking water. You are going to make it you are not going to die because what happens the body is so designed that it will just feed off the fat. You still have energy and if you need to take a month off work and just drink water, but you need to do something. We go walking 2-3 miles a day, weightlifting, and such there are activities you can do to stay in shape. You can go to the gym but I don't like going there, but if you are really serious and your eternal destiny weighs in the balance here. God is not going to ask me to set a standard and give everyone else a pass, people will have to do something about their weight.

That is my thing, and like I said, it's a transition like this thing in Afghanistan and what is happening there, God is putting that beast system together for the end time and it is going back to that system. Everyone is worked up about Afghanistan but God is using Afghanistan for the beginning of putting that breast system together again where Europe will be once again be run by the Popes, by Papacy system like it was in the Dark Ages. God has it all under control and there is nothing that takes Him by surprise - what Russia is doing, or what China is going to do in the South China Sea. China has a mandate that they have to fulfill and that is to unite the Kings of the East. Don't get worked up if China

goes into Taiwan and all these eastern countries because all China is doing they are fulfilling the mandate that God made back in that great council that the Kings of the East will go up against Armageddon. Don't worry what Russia does, Russia has to do her thing where she will bring in these satellite nations and go up against Israel. God is doing all that to change the turn of events from the kingdoms of Satan to the kingdoms of our Lord and saviour Jesus Christ.

That is what you are seeing out there and it is not going to stop until Jesus puts His feet on the Mount of Olives. It is not going to go into reverse, it is not going to stop it will continue in America until George Washington's vision is fulfilled and that civil war comes on. They are all up in arms over this that and the other, God is allowing it to drive them towards that civil war, once that civil war is done it will be America the beautiful, and back to that Lamb Beast. It will be a beautiful thing. Mike Lindel talks about it when all this will be over we will come to a beautiful place but we have to go through all this to come to that place where we will be one nation under God.

He must've had a revelation on these things. He is always saying this had to happen in order to come to that place. I admire him, how he is in touch with the spirit. He said back in 2019, and I heard him say this for the first time, everything was booming and everybody was doing good financially but nobody was looking for God, nobody was calling out to Jesus but now people are calling out to Jesus now that times are tough and you better do something about your lifestyle. It is no more America the way it was. Like George Washington said after he was shown that vision of America he perceived that he had witnessed the birth, process, and destiny of America. That process is what has been going on for the last 100 years but now America is coming to her destiny where that lamb beast will no longer speak as a dragon. That is what you hear with these politicians out there they are speaking

as a dragon, they have fork tongues and you can't even go there. America is coming back to that destiny to that heart of a lamb that is the heart of America. That is what is happening it is a transition from winter to spring, like the illustration with the River when the time is right it automatically transitions and there is nothing that you can do about it. You could try to keep that ice on there but millions of dollars could not keep the ice on there and prevent it from melting. When the time is right it happens, the ice starts to thaw, and along come these icebergs. Here is the same thing if people like it or not if the U.S army is in Afghanistan or not that transition happens when the time is right to put that beast system back to gather again and then there are 3.5 years of peace and safety and then 3.5 years of tribulation. See we have the pattern we have everything it is right here you don't have to go anywhere you can go home and tap in sit at home and hear everything from around the world what is going on, why it is going on, and who is behind it all.

Last week I said something, I said don't worry about the devil but see I misspoke it, people make a choice and when people choose to do evil then, of course, the devil is there to help you because they put God out of the picture then their mind is taken over by evil. If you really want to get serious with God with your salvation, to want to know what is going on go on our website - [letthetruthbetold.ca](http://letthetruthbetold.ca) listen to that message - The world needs to repent. It is all in there it will let you know why America is the way it is because they rejected the prophet to the age. If you really want to know it is the only thing that will resonate with you. You can go repent for going to the bar and this that and the other but the root is, the fact, that they rejected God, they rejected God's prophet William Marrion Branham.

Lorraine speaks: That is the root of the problem that is where it all began sure it crept in slowly but when they rejected Brother Branham and his message, the truth for our day that is when

America opened themselves up for every devil in Hell to come in and destroy the country and that is why they have to fight now to get it back.

Sam speaks: You heard it here first, what is going on it is a transition I can't make it any simpler. What happens in the springtime is the snow and the ice it has to melt and nobody can stop it.

Lorraine speaks: You can look and see what the transition period is, it's the Grace Age closing out. That is all part of it and the restoration of Israel is coming about. Whenever there is a change taking place you see a lot of turmoil. It is everywhere just before the waterfall the water is smooth but the turbulence comes just ahead.

Sam speaks: Yes that's right the Grace Age is closing out this year and then Ezekiel the shaking of all things, the middle east exploding. It is all going to happen very rapidly. It is all in nature I was thinking during the night, sometimes it takes a while to fall asleep, at first it's a gradual thing but the process is already begun and as you get closer it speeds up just like the waterfall. It starts moving rapidly, at greater speed, and then all of a sudden the fall of the waterfall happens. Even when you take a ball of yarn at first it is big and it seems to go slow but as it takes off then it starts to go down fast. Just like a roll of toilet paper. The same here with this endtime at first things look like they are going slow but as it nears the end it happens more rapidly, everything starts galloping very rapidly. It is all backed up with scripture it is all backed up with nature. It says in scripture that God is going to do a quick work.

Lorraine speaks: That is what brother Jackson said too these events will happen one after another with not that much time in-between.

Sam speaks: *Heavenly Father we just had a conversation around your Word I just pray take what has been said and use it for*

*your honour and your glory, and most of all I pray that you will keep a guard on this website on the things that we are saying here. Allow people to understand we are just having a conversation on what you have put on our hearts to say. We are not a preacher, we are just trying to express your thought towards mankind what you deal with us during the week, help people to understand that. That we are just trying to do our job and try to keep our head above the water, and to try to be faithful to what you have created us to be Lord. We are not some special people we are just doing what you created us to do, we just pray Lord that you will give that increase in Jesus Christ name we pray Amen.*

### ***HOLD TO GOD'S UNCHANGING HAND***

*Time is filled with swift transition,  
Naught of earth unmoved can stand,  
Build your hopes on things eternal,  
Hold to God's unchanging hand.*

*Refrain:*

*Hold to God's unchanging hand,  
Hold to God's unchanging hand;  
Build your hopes on things eternal,  
Hold to God's unchanging hand.*

*Trust in Him who will not leave you,  
Whatsoever years may bring,  
If by earthly friends forsaken  
Still more closely to Him cling.*

*Covet not this world's vain riches  
That so rapidly decay,  
Seek to gain the heav'nly treasures,  
They will never pass away.*

*When your journey is completed,  
If to God you have been true,  
Fair and bright the home in glory  
Your enraptured soul will view.*

**THERE IS A HEAVEN TO GAIN**

*There's a Heaven to gain and a Hell to shun  
The way is still straight,  
There's a race to be run  
You can live as you please  
But you must pay the cost  
The highway to Heaven  
Still goes by the cross.*